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Microwave-based sensor
dedicated to the characterization of meat freshness

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Abstract—This paper presents a microwave sensor designed to
dielectrically characterize tissues of animal origin (duck in our
case) in the frequency range of 0.1 to 6 GHz for meat freshness
evaluation. This contact sensor is used as a transmit-and-receive
sensor. Its validity is firstly verified with reference liquids. A
dielectric characterization is then performed on a duck breast at
different maturation days. In each case, repeatability of the
measurements was checked. The obtained dielectric response of
the duck breast changes over time. This result enables the future
use of the sensor and the measurement technique in various
applications and for the agroindustry notably for the monitoring
of the meat freshness.

Keywords—meat freshness, sensor, coplanar waveguide,
microwave, reflection coefficient, tissues.

I. INTRODUCTION

Microwave dielectric spectroscopy is a fast and non-
invasive technique, which allows to characterize samples
through their dielectric properties. This method is widely used
in biology to characterize liquids or solid samples because of
its high sensitivity to water. The use of non-ionizing
electromagnetic waves such as microwaves to investigate
biological samples presents a low health risk compared to X-
rays. Associated to micrometric dimensions and microfluidics,
the technique enables to study molecules, cells [1]-[3] and
biological liquids, such as blood or eggs constituents for
instance [4]. Broadband microwave characterizations are
generally performed, whereas narrowband ones are prefered for
sensitivity enhancement.

Moreover, microwave sensing and imaging may not
only be of interest for biomedical applications, but also promise
an impact in the field of agriculture [5] with food monitoring
notably [6]-[7]. Food is indeed nothing but a biological tissue,
which quality and freshness can be studied with microwave
investigations. Some food, like fruit and fishes, have already
been analyzed with various microwave sensing technique [8]-
[10]. Microwave spectroscopy may represent an alternative to
determine dielectric properties (dielectric constant and losses)
of biological tissues ex-vivo and then in-vivo. Moreover, the
expected devices offer the potential for low cost and portable
systems, while providing real time quality information with a
high sensitivity.

In the field of agriculture and food, studies have
shown that meat quality depends on bacteria growth. Bacteria
constitute indeed a major source of contamination in water and
food supplies resulting in both food poisoning and diseases [11].
Based on the degradation of food products due to the bacteria
activity, one may expect that the dielectric properties of the
sample under transformation and under test change as a
function of time. The measurement of the dielectric signals
related to the dielectric permittivity of the tissues under test may
therefore represent a good indicator for the monitoring of food
quality.

This paper presents thus a microwave sensor dedicated
to the assessment of food quality. Its architecture is first
introduced, followed by its microwave characterization in terms
of reflection coefficient with different liquids, as well as
penetration depth of the electromagnetic waves. Finally,
dielectric measurements are performed on a duck breast sample
for different days in order to evaluate the sensitivity of the
sensor towards the meat freshness.

II. DESCRIPTION OF THE SENSOR

In order to allow the non-destructive dielectric
characterization of tissues, a reflection microwave sensor based
on a near-field capacitive topology is defined. A coplanar
configuration is used with a circular patch as the centre
conductor with the ground placed around. The circular patch presents a diameter of 8 mm, whereas the slot is 2 mm wide. The thickness of the metallic layer is of 0.035 mm. The ground plane area corresponds to 60 by 60 mm², as shown in “Fig 1”. This device is fabricated on a FR4 substrate exhibiting a thickness “h” of 1.6 mm with a dielectric constant $\varepsilon_r$ equals to 4.4. The microwave sensor is fed on the back side by a microstrip line of 30 mm long and 2.5 mm wide. The back-side feeding part is connected to the radiative part through seven conductive vias. This contact sensor acts as a transmit-and-receive sensor, which radiates the electromagnetic field within the element of interest.

Next section is related to the microwave characterization of the sensor.

III. MICROWAVE CHARACTERIZATION OF THE SENSOR

A. Sensor evaluation while unloaded

First, simulations are performed on the HFSS© electromagnetic software in order to allow the study of the electromagnetic behavior of the sensor. In a first step, air is chosen as medium reference with a known permittivity. To compare simulation with reality we measure the signal of the sensor in the air.

Dielectric measurements are performed with a Vector Network Analyser (VNA) from Copper Mountain Technologies that generates electromagnetic waves between 0.1 and 6 GHz. A SMA connector permits to connect the sensor to the VNA with a cable. Preliminary studies have demonstrated the importance of the contact between the sample and the sensor for good repeatability of the results. Consequently, a weight of 250 g behind the sensor is added during measurements to assure a precise and homogeneous pressure on the meat surface. After a traditional SOLT calibration step, the S11 parameter of the sensor is measured with different configuration, air and then in contact with meat.

“Fig.2” presents the simulated and measured magnitude of the reflection coefficient of the sensor in the air. Both curves present a similar trend with however some differences. These are due to the presence of the vias and mainly the connector, which are not included in the simulation.

To allow the measurement of biological tissues, the next interesting characteristic of the sensor consists in the penetration depth of the electromagnetic waves within the tissue.

B. Penetration depth of the electromagnetic waves

To dielectrically characterize meat samples with this near-field sensor, we have chosen to place the sensor in direct contact with the meat. To determine the penetration depth of the electromagnetic waves in the sample, specific experiments are conducted. They consist in placing in a flask filled with deionized water in front of the sensor while changing the distance between this flask and the sensor. The flask contains a water volume of 15 mL. The measured magnitude of the S11 parameter at 4 GHz is indicated in the “Fig. 3”, depending on the flask-sensor distance. A criterion to define that the electromagnetic field interaction with the sample is negligible consists in getting a magnitude of -0.1dB. Therefore, the penetration depth of this sensor is located at 15 mm. The samples to analyze with this sensor must consequently present a thickness of at least 15 mm to obtain a dielectric response.

C. Evaluation of reference liquids

Before study biological tissues, we investigate several reference liquids in order to evaluate if this electromagnetic sensor is able to differentiate distinct materials. Water and oil, which exhibit very different permittivity values (real and
imaginary parts) are chosen. Water presents a much higher relative permittivity (75 and 15 at 4 GHz) compare to oil (2.5 and 2 at 4GHz). These two liquids present very apart dielectric properties, which frames those of duck breast meat, composed of muscle (with high water content) and lipids.

Measurements are performed 5 times for each liquid in order to also study the repeatability. Corresponding measurements are presented in “Fig. 4”. For frequencies higher than 1 GHz the sensor gives a different dielectric response for both liquids. The disparity can reach a 4 dB variation in magnitude and 50° for the phase. An excellent repeatability of the measurements is also obtained (with a standard deviation of 0.05 dB for the magnitude of water and 1.2° for its phase), which demonstrates the appropriate sensitivity of the characterization technique for the targeted application.

Next section is dedicated to the evaluation of a breast duck sample and its monitoring during several days.

![Fig 4](image)

IV. STUDY OF A BIOLOGICAL TISSUES

In this section, a duck breast is studied at different maturation day in order to follow the bacteria contamination, in relation with the quality of food. Measurements are performed ex-vivo in the frequency range of 0.5 to 6 GHz. The meat samples are excised from a duck, which is slaughtered the same day as the first microwave measurements. The samples are cut in order to cover the entire surface of the sensor. Therefore the entire organ is removed from the duck. In this case, the thickness of the sample is higher than 15mm and large enough to cover the entire sensor (60x60mm²). Measurements are realized at ambient temperature.

Five measurements are done at the same location on the sample at different time of maturation, day 0, 5, 7, 14 and 21. To do so, the meat sample is removed from the sensor and placed again afterwards. Between measurements at different days, the samples are kept in a fridge at 4 °C. Before each RF characterization, the samples are taken out of the fridge and maintain at room temperature (22°C) until they exhibit the same temperature as for the precedent measurements to avoid any temperature dependency variation and to focalize the results only on meat transformation. “Fig. 5.” presents the results of this study. Once again, for each day, the RF measurements are performed 5 times, as illustrated in “Fig. 5”. For two particular frequencies, the dielectric response varies during the maturation. At 0.24 GHz, the magnitude is increasing with the number of days, whereas an opposite behaviour is obtained at 3.76 GHz. On this graph, one may also observe also the good repeatability of the measurements.

To analyze more precisely this evolution, the phase and the magnitude of the S11 parameter at 0.24GHz are plotted on the same graph, as shown in “Fig. 6”.

![Fig 6](image)
The major modification on the S11 parameter is obtained during the first days of the experiment, leading to a variation of 1 dB and 12° from day 0 to day 5 and 2 dB and 20° from day 0 to day 7. The dielectric response seems to saturate after one week. This modification is mainly attributed to the presence and the proliferation of bacteria, as well as the transformation of the meat. These results validate the possible use of the proposed microwave sensor for the analysis of the meat quality.

V. CONCLUSION

A microwave sensor devoted to the dielectric characterization performed in reflection of biological tissues is introduced. This sensor has been evaluated with different samples, reference liquids and biological tissues with the targeted application of monitoring the freshness of meat. The near-field sensor presents a penetration depth of 15 mm and is capable to differentiate oil from water in terms of magnitude and phase. Duck breast tissues have also been monitored for several days, exhibiting a modification of the dielectric responses versus time. This variation may be attributed to the proliferation of bacteria and the transformation of the meat. Therefore, this sensor, allied with a low-cost technology and a portable and affordable VNA enables the use of the technique for the evaluation of meat freshness and may find further applications in the agroindustry field.

REFERENCES